

## Stanford Presenteeism Scale (SPS-6)

**The SPS-6 is a screening measure that asked Ipsos Reid respondents about the links between their health and productivity.**

A respondent with DECREASED presenteeism (i.e one with a low score) is one who is physically present in their jobs but who may “experience decreased productivity and below-normal work quality” due to an illness or other constraint. A high SPS-6 score indicates INCREASED presenteeism which is defined as having “a greater ability to concentrate on and accomplish work despite health problem(s)”.

The following table displays Ipsos Reid respondent responses by total SPS-6 score.

	Low Presenteeism			High Presenteeism	
Scale	6-10	11-15	16-20	21-25	26-30
Ipsos Reid (n=6804)	28%	36%	29%	6%	1%

Ipsos Reid respondents were asked to respond to the following question:

*In the past month, have you experienced depression, stress or anxiety?*

	Yes	No	Don't know
Ipsos Reid (n=6804)	47%	48%	5%

If respondents answered “Yes” to the previous question, they were asked to respond to the following questions:  
*Please indicate how strongly you agree or disagree with each of the following statements about the impact of your depression, stress, anxiety on your work experiences in the past month.*

<b>N = 3191</b>	<b>Strongly Disagree (1)</b>	<b>Somewhat disagree (2)</b>	<b>Uncertain (3)</b>	<b>Somewhat agree (4)</b>	<b>Strongly agree (5)</b>
<b>Because of my depression, stress or anxiety, the stresses of my job were much harder to handle</b>	<b>21%</b>	<b>24%</b>	<b>16%</b>	<b>31%</b>	<b>8%</b>
<b>Despite my depression, stress or anxiety, I was able to finish hard tasks in my work</b>	<b>3%</b>	<b>4%</b>	<b>6%</b>	<b>39%</b>	<b>48%</b>
<b>My depression, stress or anxiety distracted me from taking pleasure in my work</b>	<b>20%</b>	<b>21%</b>	<b>14%</b>	<b>35%</b>	<b>10%</b>
<b>I felt hopeless about finishing certain work tasks due to my depression, stress or anxiety</b>	<b>41%</b>	<b>28%</b>	<b>12%</b>	<b>15%</b>	<b>4%</b>
<b>At work, I was able to focus on achieving my goals despite my depression, stress, or anxiety</b>	<b>3%</b>	<b>7%</b>	<b>9%</b>	<b>43%</b>	<b>38%</b>
<b>Despite my depression, stress or anxiety, I felt energetic enough to complete all my work</b>	<b>3%</b>	<b>9%</b>	<b>10%</b>	<b>45%</b>	<b>33%</b>

	<b>Ipsos Reid (n=3191) – Mean Score</b>
<b>Because of my depression, stress or anxiety, the stresses of my job were much harder to handle</b>	<b>2.79</b>
<b>Despite my depression, stress or anxiety, I was able to finish hard tasks in my work</b>	<b>1.75</b>
<b>My depression, stress or anxiety distracted me from taking pleasure in my work</b>	<b>2.95</b>
<b>I felt hopeless about finishing certain work tasks due to my depression, stress or anxiety</b>	<b>2.14</b>
<b>At work, I was able to focus on achieving my goals despite my depression, stress, or anxiety</b>	<b>1.94</b>
<b>Despite my depression, stress or anxiety, I felt energetic enough to complete all my work</b>	<b>2.06</b>